COLT CADETS
DRUM & BUGLE CORPS

FRONT ENSEMBLE PACKET 2026

WELCOME!

Thank you for your interest in the Colt Cadets Front Ensemble. We are ***VERY*** *happy you are here and looking forward to the 2026 season! Our approach to all things percussion technique is with an open mind. The Colt Cadets staff comes from a wide variety of performing and teaching backgrounds - all of which we are excited to share with you on your Drum Corps journey!*

We are here to teach you how to speak the "language" that is percussion. *The Front Ensemble is capable of a wide variety of musical expression - melody, harmony, texture, color, and the like.* ***Scales, chords, and arpeggios are the "words" of the melodic percussion language****; we are learning (together!) about all of the different combinations of notes that sound good together - and they all may require a new approach or understanding of a technique or stroke type. The uniqueness of every season with a Front Ensemble and the music they play is what keeps percussionists (students and educators alike!) coming back to this activity year after year. We hope you learn a lot while you are here!*

The Differences Between Mallets and Drums:

Drums - *are very small trampolines - they get a lot of bounce! You need a strong fulcrum to create rebound and lots of control over the rebound you get!*

Mallets - *are very big pianos. They require a lot more movement behind the instrument than the piano! Your hands cannot reach all of the notes from every position. They do not get a lot of bounce so you need to be in full control of where your mallets are going.*

Previous Experience on Mallet Instruments:

Again, we are so happy you are here! We welcome students of all ability levels and will find a spot for you to learn and grow as a performer! The benefits of our technique program are applicable to all percussion instruments, including if you would like to find yourself on a battery instrument in the future. Prepare any music you are able, and we will help you continue to succeed!

General Mallet Approach:

We approach mallet playing for students with all ability levels! You may have never played in a Front Ensemble before, held four mallets before, or not used a specific grip before. That's okay! We have parts for Marimba, Vibes, Synthesizer, along with general "Mallet" parts if you do not know where to start. We are here to help expose you to all of the possibilities of a Drum Corps Front Ensemble!

Mallets are much more top-heavy than drumsticks. This creates a lot of sound that goes through the keys and into the resonators of the instrument. We use a lot more of the back of our grips than our drumming counterparts (middle, ring, and pinky fingers) to create big, full sounds on the keys. This is different than a drum - the key to success in the front ensemble is being open to the difference!

The Piston Stroke:

The mallets and instruments will not rebound like a drum. You will need to create rebound on these instruments!

If you come from a battery or drum background, you may be familiar with the "Full Stroke" - where the stick rebounds back to the same height it started. We have a different name for this stroke type on mallet instruments - the **"Piston Stroke."**

Two mallet Piston Strokes are created like a piston from a motor on a vehicle - there are two separate motions that make up the stroke.

1. *The mallet is moved downward (from the wrist) towards the bar*
2. *The mallet strikes the key and then is picked back up immediately (from the wrist)*

The Piston Stroke creates the illusion of rebound by combining two motions into one smooth motion. It will take a lot of practice to make it look fluid!

2 Mallet Stroke Types:

Piston Stroke - The mallet starts at a set height and is returned by the player to the same height after playing

Down Stroke - The mallet starts at a high height and the player uses the wrist and back fingers to keep the mallet down (1-3" from the bar) after playing

Up Stroke - The mallet starts at a low height (1-3" from the bar) and the player uses the wrist and back fingers to bring the mallet up to a higher height (4-12") after playing

4 Mallet Grips:

Marimba & Vibes - Stevens Grip
Stevens Grip was created by Leigh Howard Stevens, who was predominantly a marimba performer.
This grip is a French Grip - your thumbs are facing upwards.
This grip is not a cross grip - the mallets should not cross in your palms!
The Piston Stroke still applies to this grip!

PAS (Percussive Arts Society) How to Hold Stevens Grip:

The Metronome:

A good rule of thumb for practicing with a metronome is that every minute of practice is worth double your "money" - 2 for the price of 1.*

For example, you get a new piece of music and on first glance you think it might take you two hours to learn. If you practice with the metronome, it will only take you one hour!*
**exact scientific citation needed :)*

*Again, we are **VERY** glad you are here at Colt Cadets and look forward to working with you!*

Tim Berg, Percussion Caption Head

Octaves

Tempo = 80-200 (eighth note)
Goals
- *Play for every major scale*
- *Even sound quality RH to LH*
- *Even sound quality up and down the scale*
- *Synth: as written*

Octaves and Tetrachords

Tempo = 60-180
Goals
- *Maintain sound quality from octaves (RH + LH) to tetrachord (hands separate)*
- *Even RH-LH on eighth notes*
- *Tetrachord - four notes*
- *Synth: As written*

Green

Tempo = 60-180
Goals
- *Maintain sound quality from Octaves and Tetrachords (quarter and eighth notes) to sixteenth notes*
- *Even sound quality RH lead (ascending) and LH lead (descending)*

Check Patterns

Tempo = 80-160
<u>Goals</u>
- *Straight sticking throughout*
- *Counting accuracy, sticking accuracy, and timing accuracy*
- *Rhythmic accuracy on syncopated patterns starts with piston stroke (full stroke if on practice pad) accuracy - i.e. #1/#3 LH piston stroke, #2#4 RH piston stroke, etc.*
- *If you can play all the rhythms, you shouldn't be fooled by any music you see!*

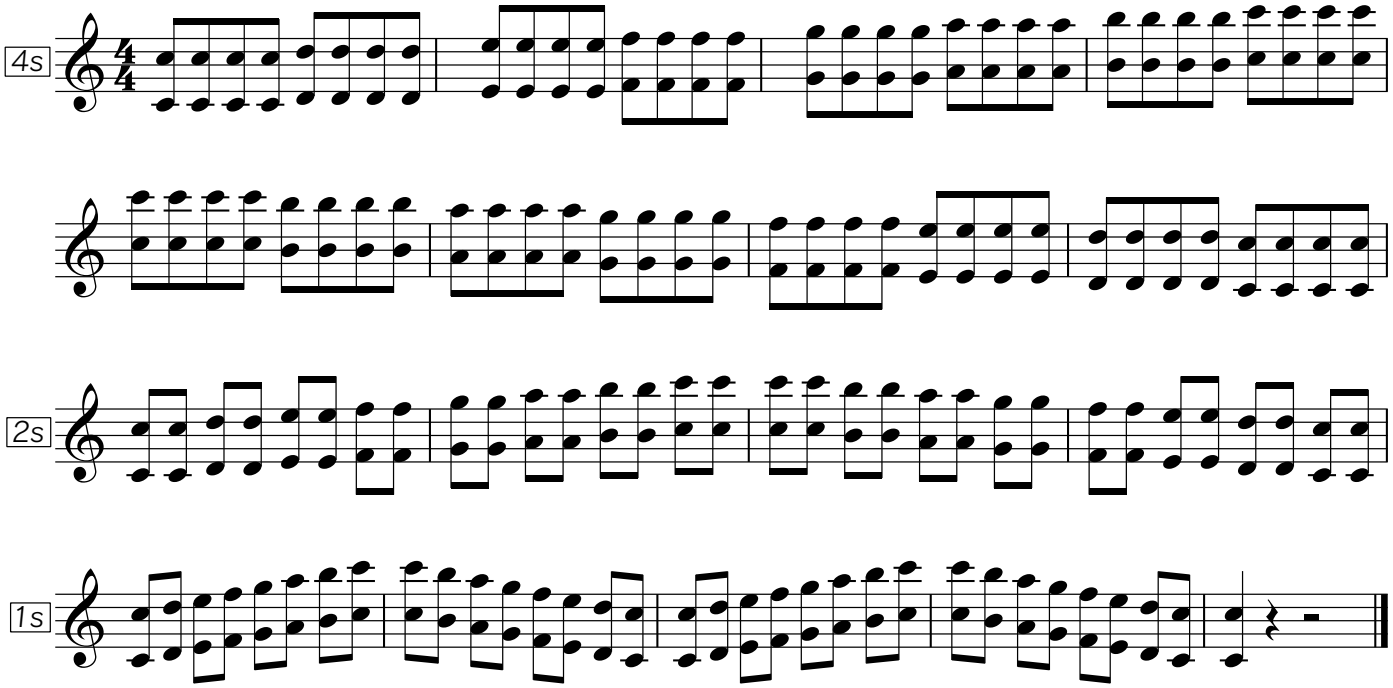
Domino Grid

Tempo = 60-100
<u>Goals</u>
- *Rhythmic Accuracy!*
- *This is a grid system we will build upon throughout the preseason/audition camps into the regular season*
- *Can you switch subdivisions accurately **<u>AND</u>** quickly?*

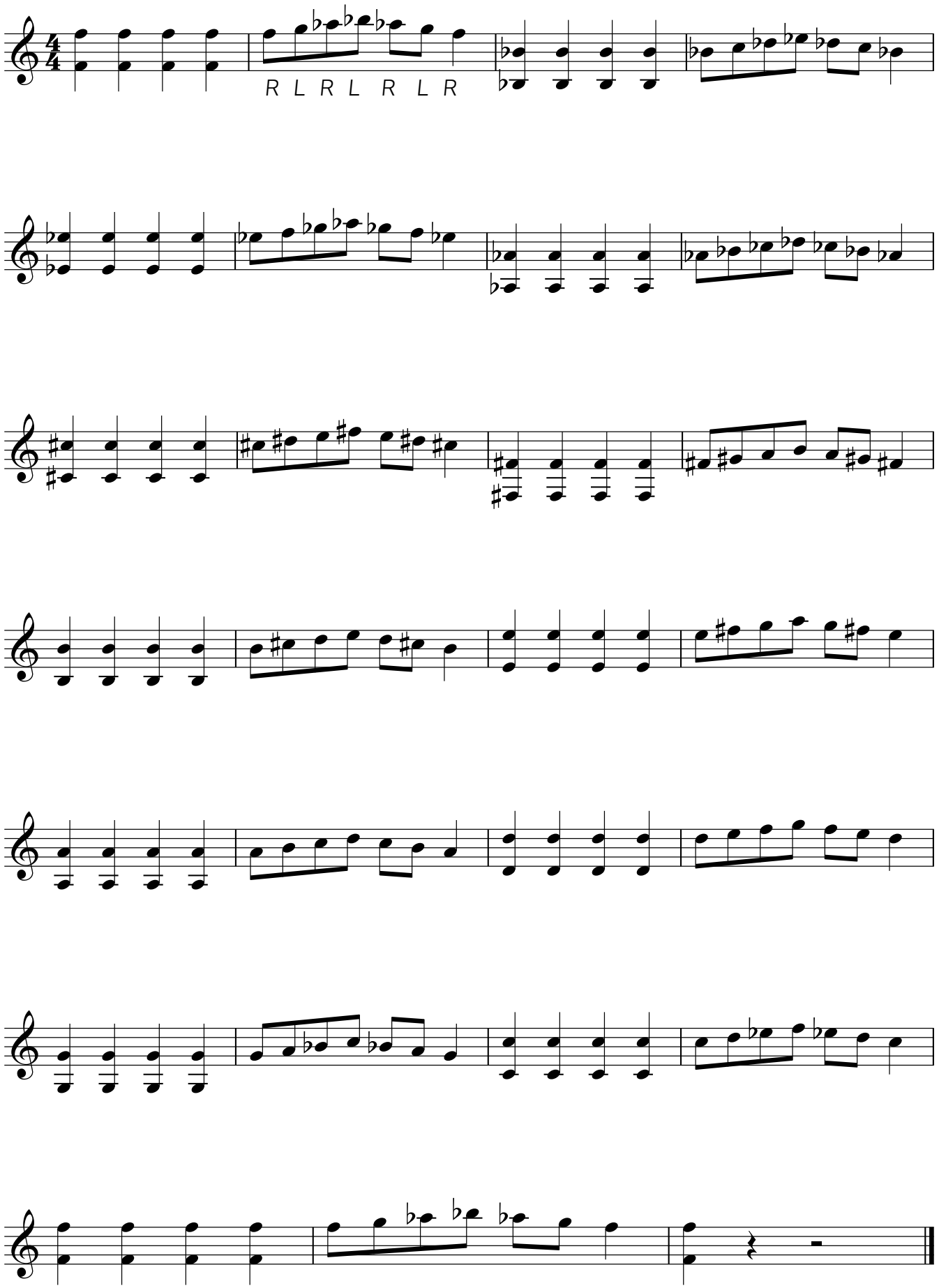
CC 4 Sticks 2026

Tempo = 60-94
<u>Goals</u>
- *This is a popular chord progression from a well-known song - do you recognize it??*
- *Beginning four mallet stroke types*
  - *Double Vertical*
  - *Alternating (eighth notes 1212 or 3434, sixteenth notes 4232)*
  - *Double Lateral (sixteenth notes 12, 34, 1234)*
  - *Insides/Independent Mallets*
    - *Mallets 2 & 3 (Stevens Grip)*
- *Interval shifting*
- *Piston Stroke - within four mallet technique, this is achieved by rotating your wrist!*
- *If you are a beginning mallet player, work on hands separately! We would love to see you at an audition experience playing just one of the hands really well!*

OCTAVES

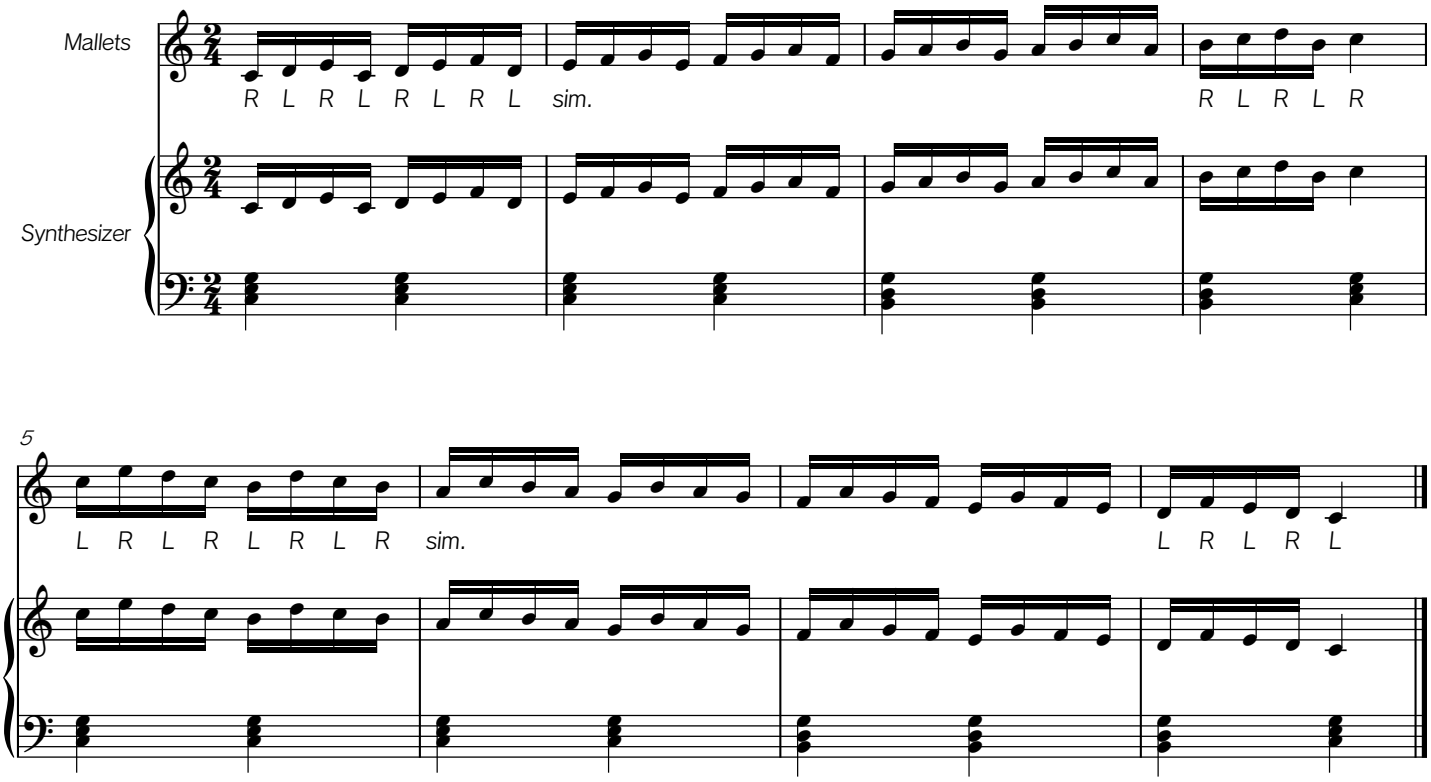


OCTAVES & TETRACHORDS



GREEN

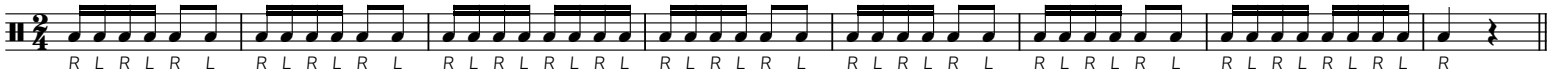
arr. BERG



Check Patterns

THOM HANNUM
arr. BERG

CHECK 0


R L R L R L

Check Patterns 2

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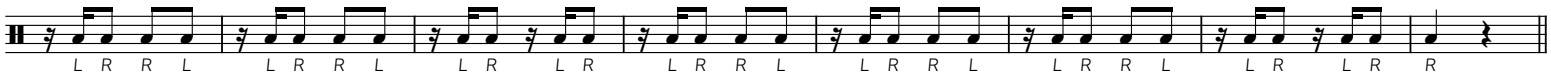

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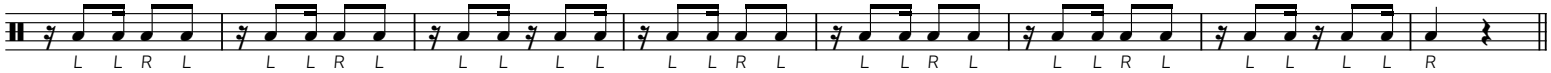

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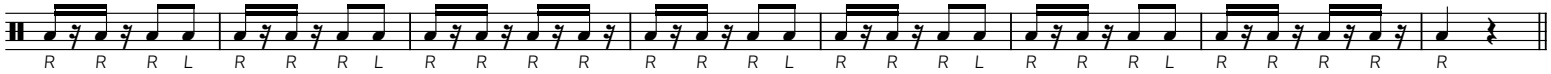

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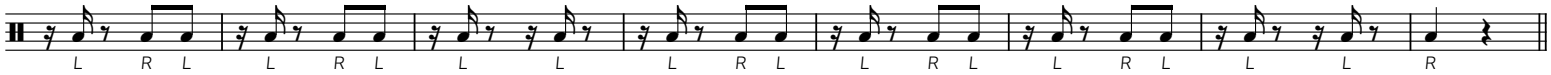

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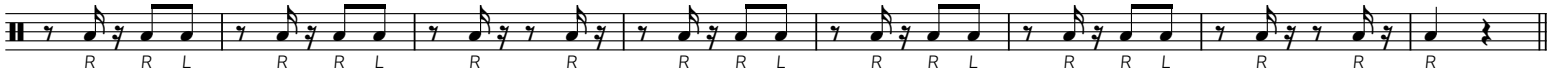

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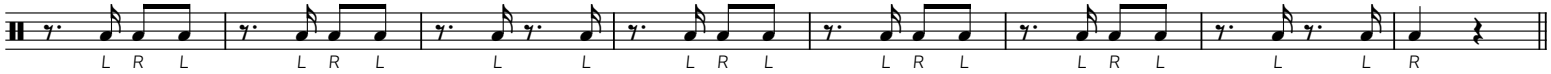

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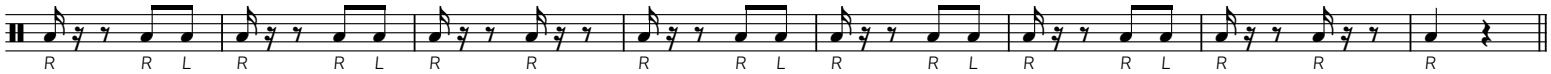
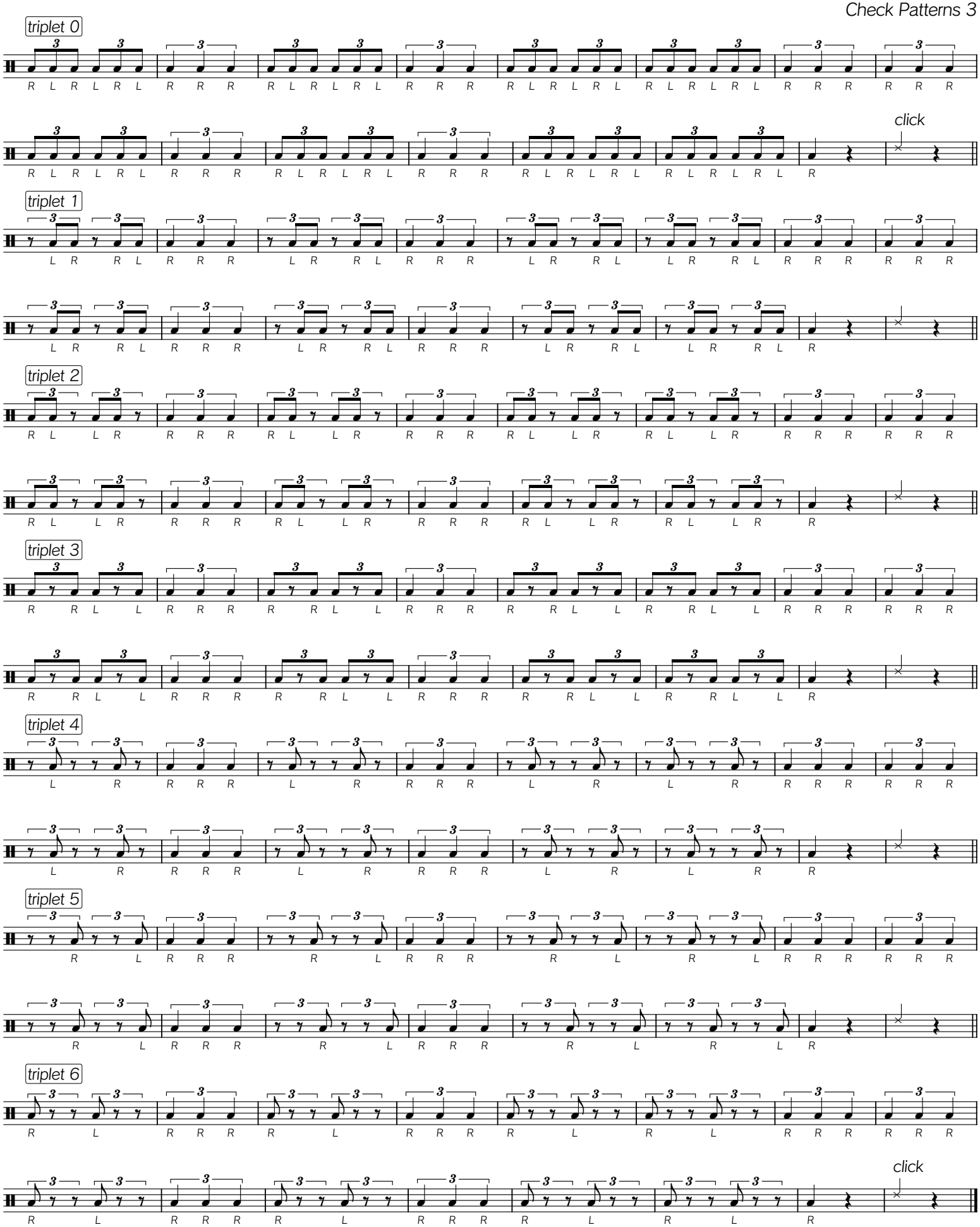
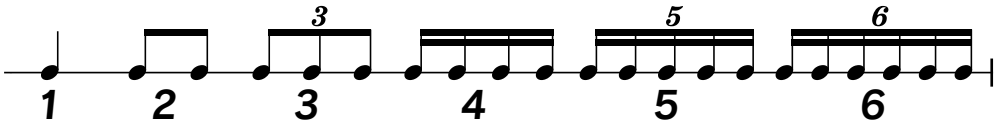



triplet 0
R L R L R L R R R R L R L R L R R R R L R L R L R L R L R L R L R R R R R R
R L R L R L R R R R L R L R L R R R R L R L R L R L R L R L R L R L R
click
triplet 1
L R R L R R R L R R L R R R R L R R L R R L R R R R R R
L R R L R R R L R R L R R R R L R R L R R L R R R R R R
triplet 2
R L L R R R R R L L R R R R R L L R R R L L R R R R R R
R L L R R R R R L L R R R R R L L R R R L L R R R R R R
triplet 3
R R L L R R R R R L L R R R R R R L L R R R L L R R R R R R
R R L L R R R R R L L R R R R R R L L R R R L L R R R R R R
triplet 4
L R R R R L R R R R L R R R R L R L R R R R R R R R
L R R R R L R R R R L R R R R L R L R R R R R R R R
triplet 5
R L R R R R L R R R R L R R R R L R L R R R R R R R R
R L R R R R L R R R R L R R R R L R L R R R R R R R R
triplet 6
R L R R R R L R R R R L R R R R L R L R R R R R R R R
click
R L R R R R L R R R R L R R R R L R L R R R R R R R R

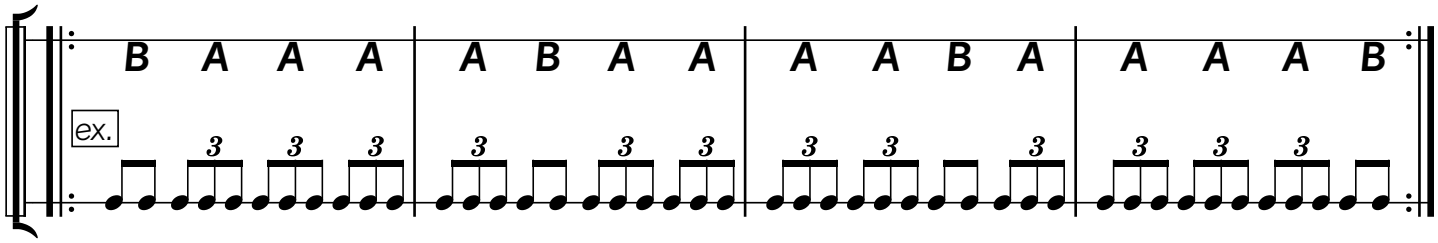
DOMINO GRID

Domino Grid is an exercise that works on shifting between different rhythms. Practice with a static check in one hand (i.e. quarter notes in LH, grid in RH) to target specific rhythmic challenges in your music.

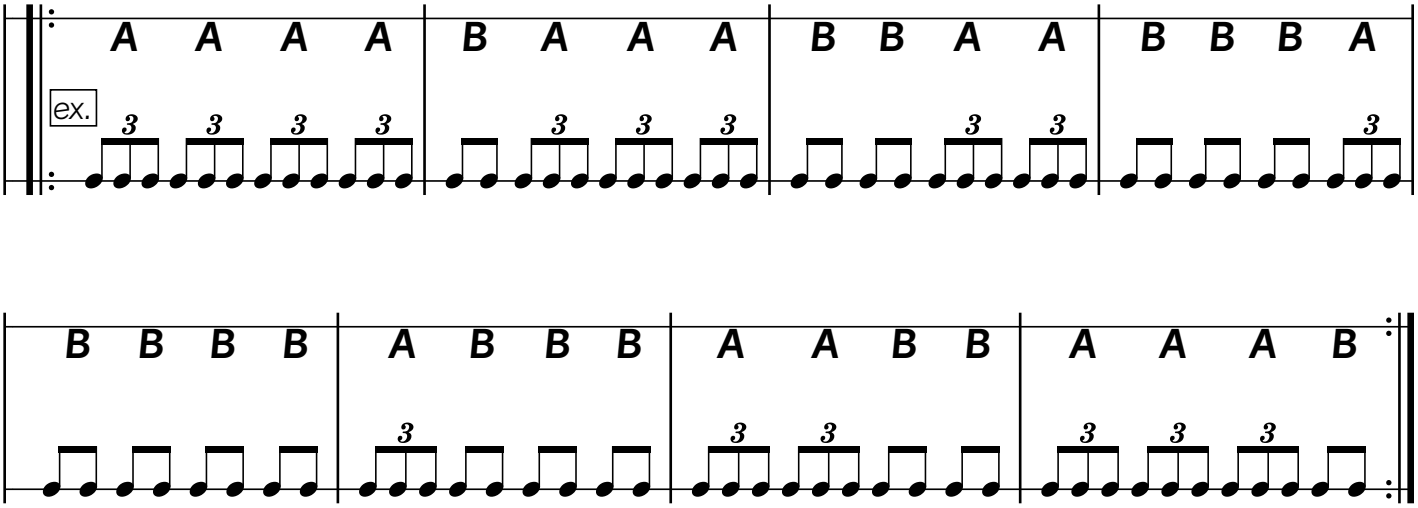


*Choose one for **A** and one for **B***

GRID



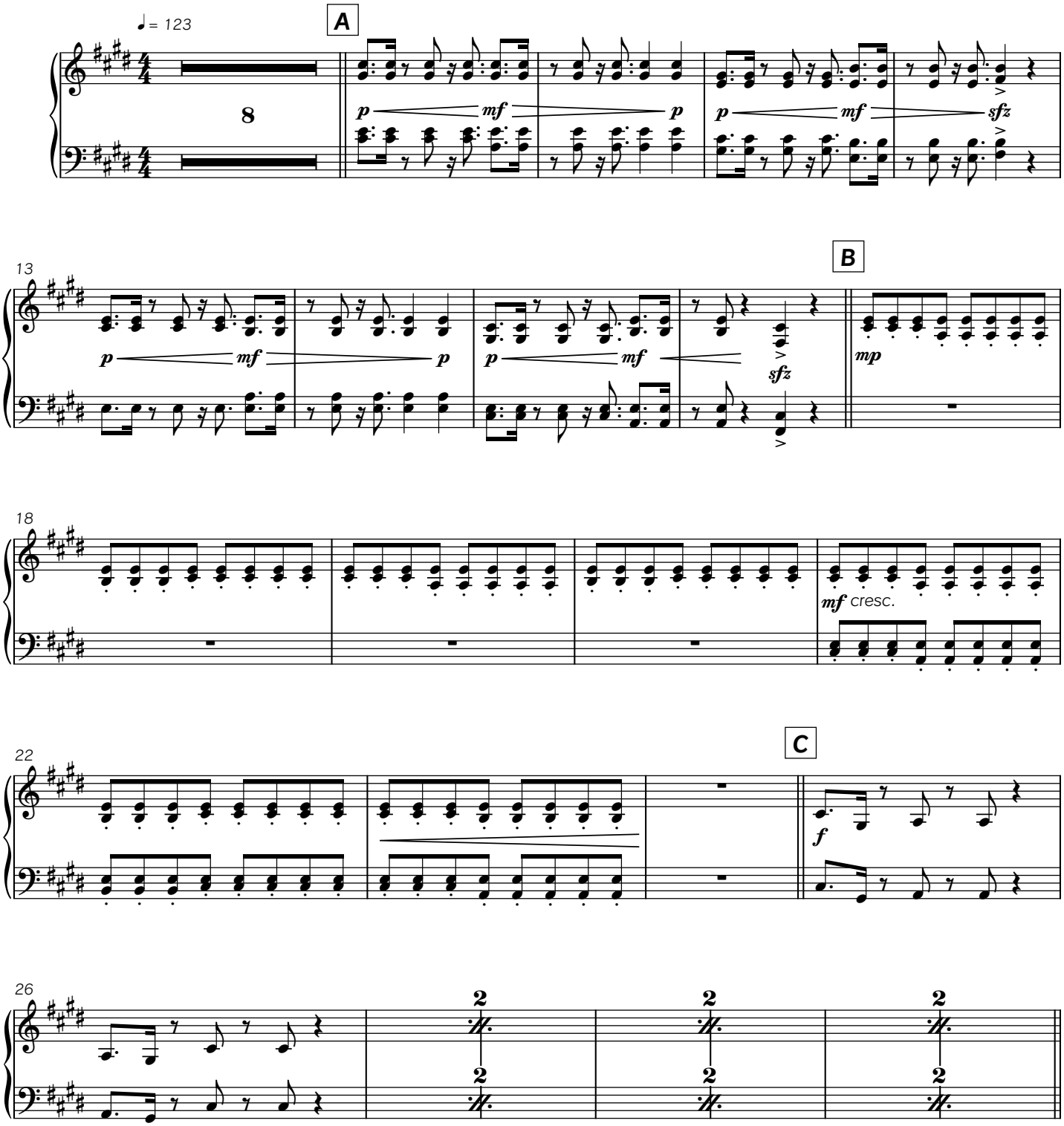
DOMINO GRID

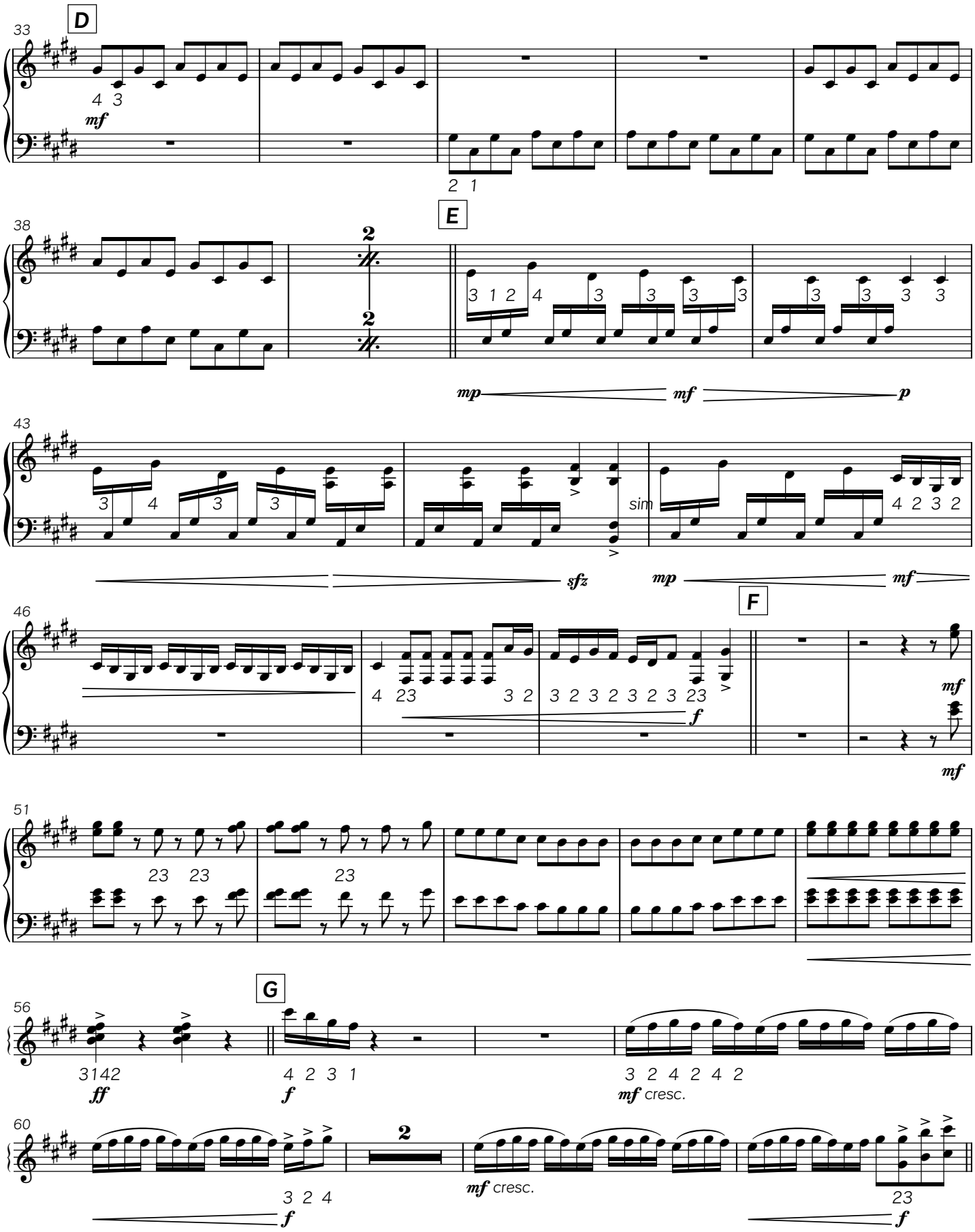


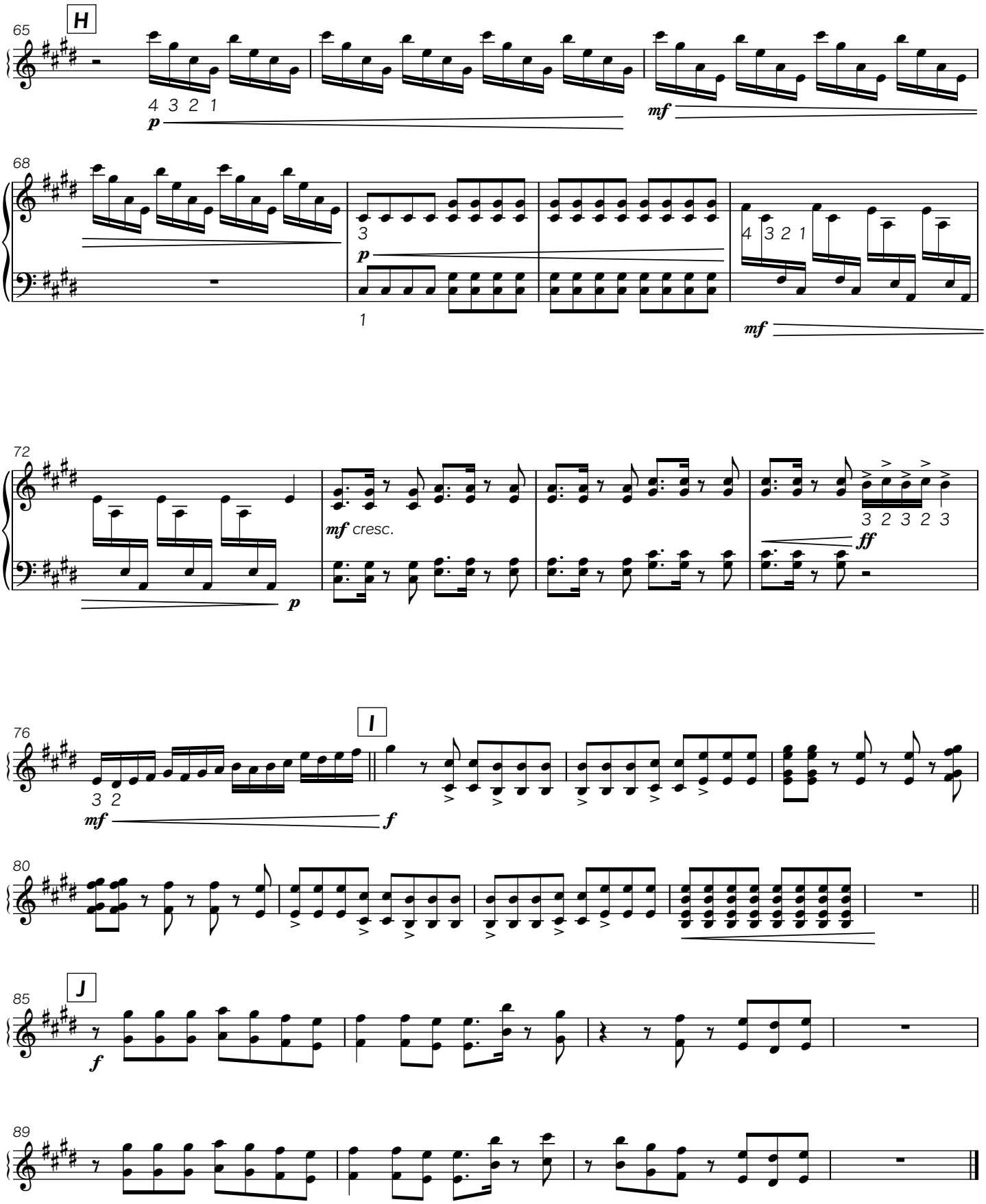
MARIMBA

CC FOUR STICKS 26

??? arr. TIM BERG



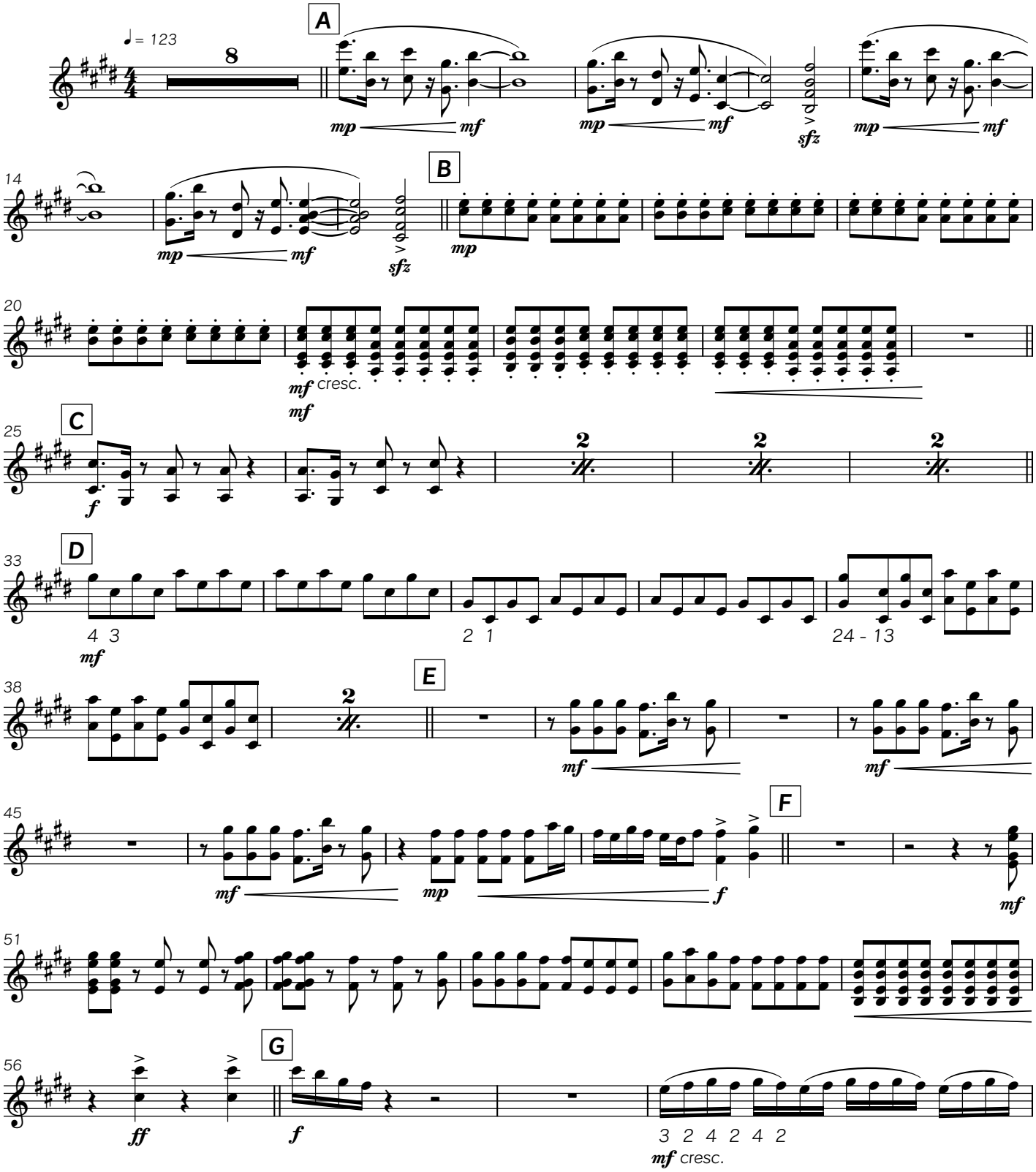

D
33
4 3
mf
2 1
E
38
3 1 2 4 3 3 3 3
3 3 3 3
mp
mf
p
43
3 4 3 3
sfz
sim
4 2 3 2
mp
mf
46
4 23 3 2
3 2 3 2 3 2 3 23
f
F
mf
mf
51
23 23
23
56
3142
ff
G
4 2 3 1
f
3 2 4 2 4 2
mf cresc.
60
3 2 4
f
mf cresc.
23
f

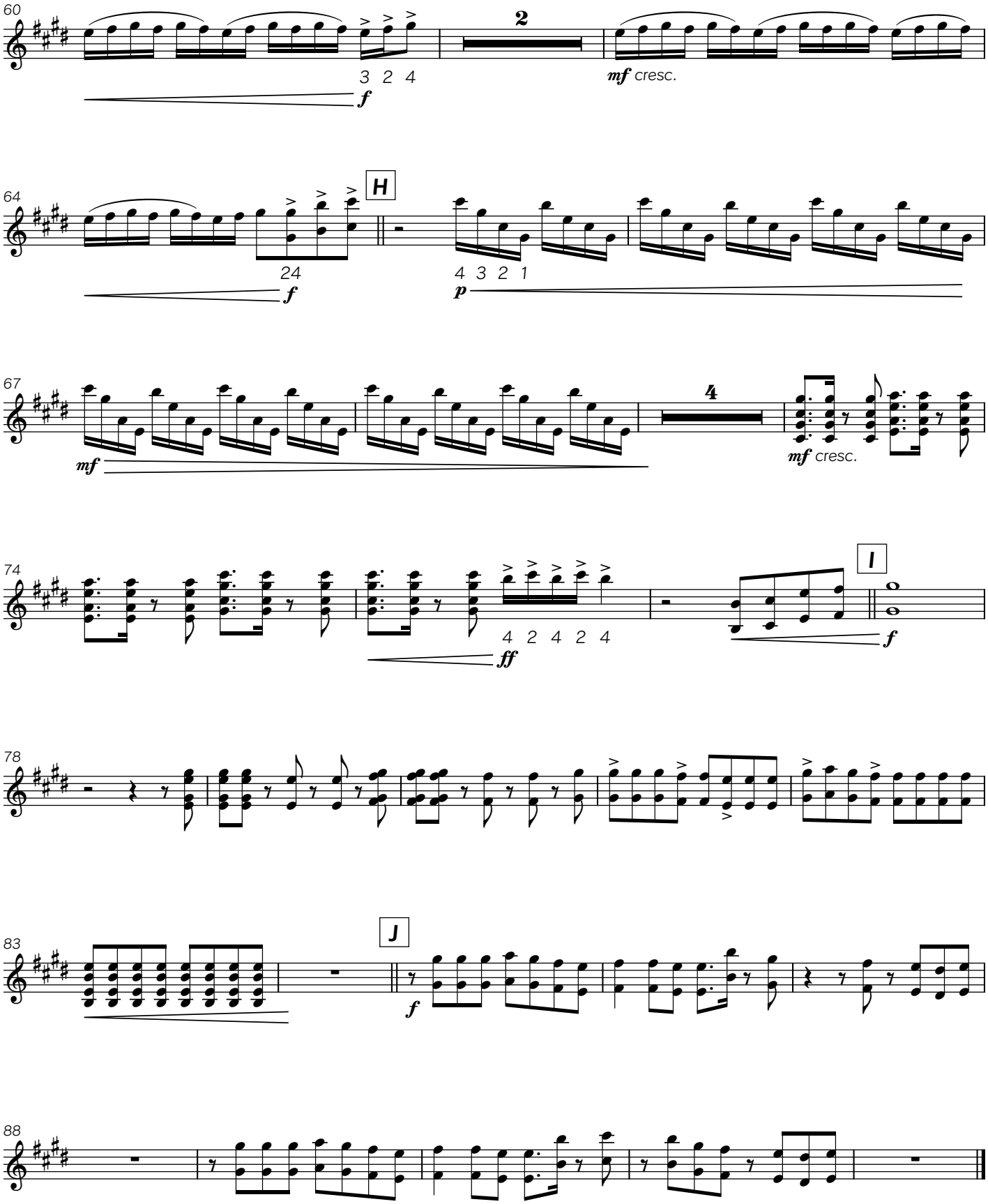

H
65
4 3 2 1
p
mf
68
3
p
1
4 3 2 1
mf
72
p
mf cresc.
3 2 3 2 3
ff
76
3 2
mf
f
I
80
J
85
f
89

VIBES

CC FOUR STICKS 26

??? arr. TIM BERG

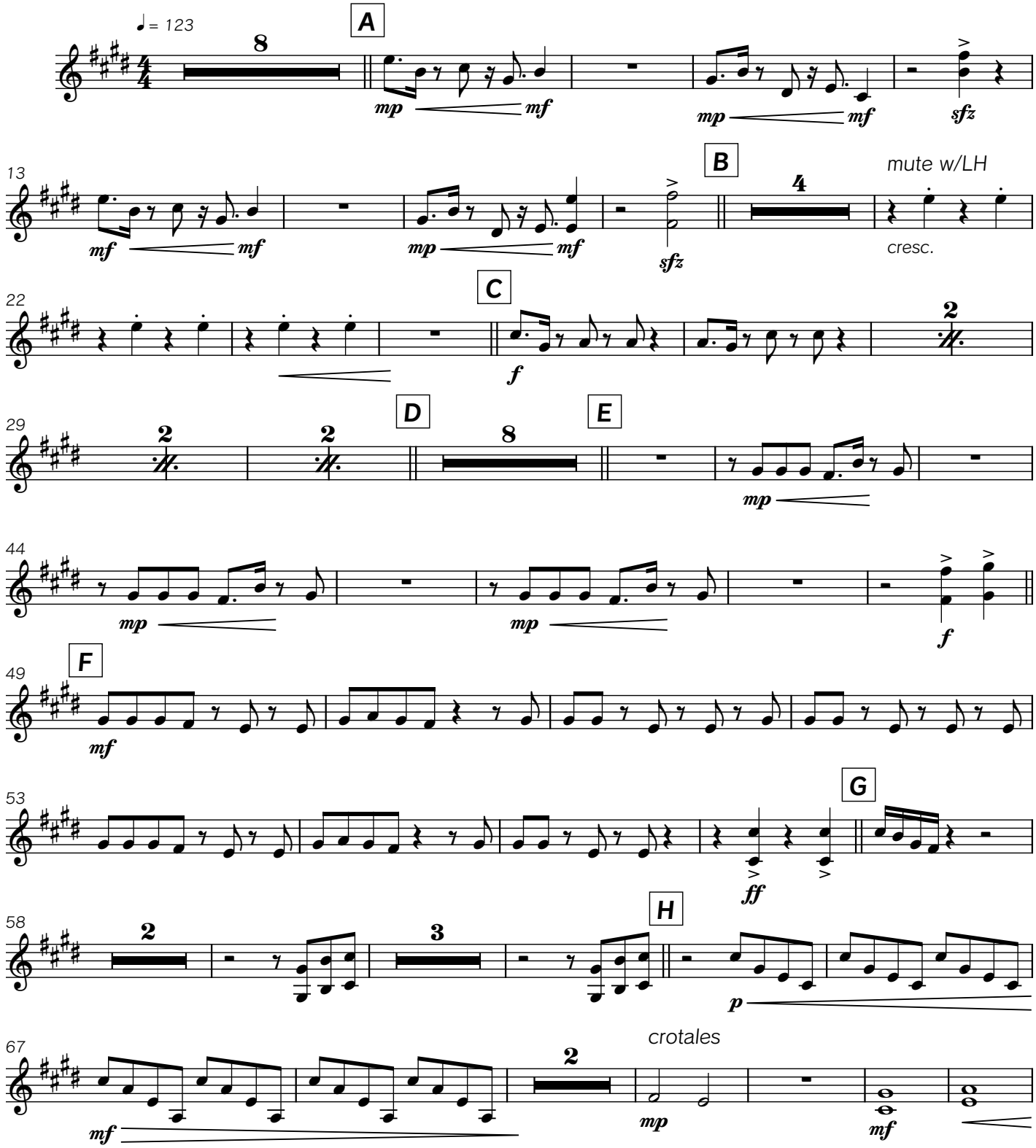


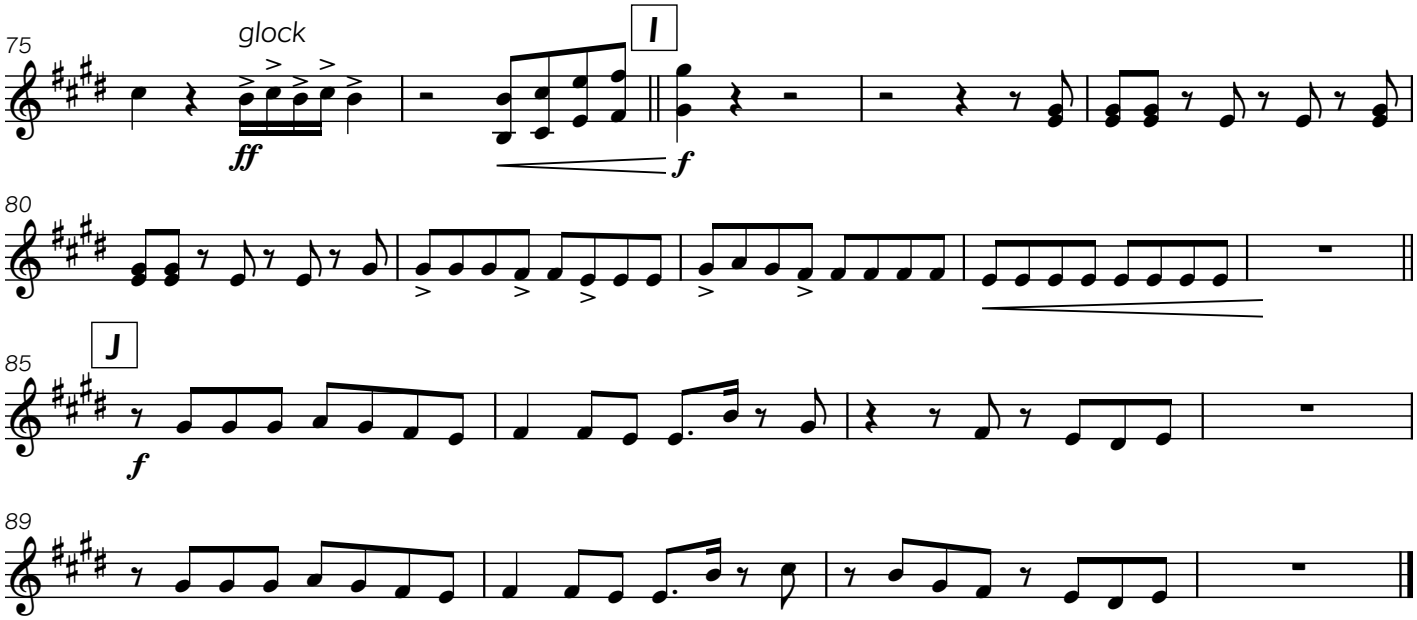

60
3 2 4
f
2
mf cresc.
64
H
24
f
4 3 2 1
p
67
mf
4
mf cresc.
74
4 2 4 2 4
ff
I
f
78
83
J
f
88

GLOCK

CC FOUR STICKS 26

??? arr. TIM BERG



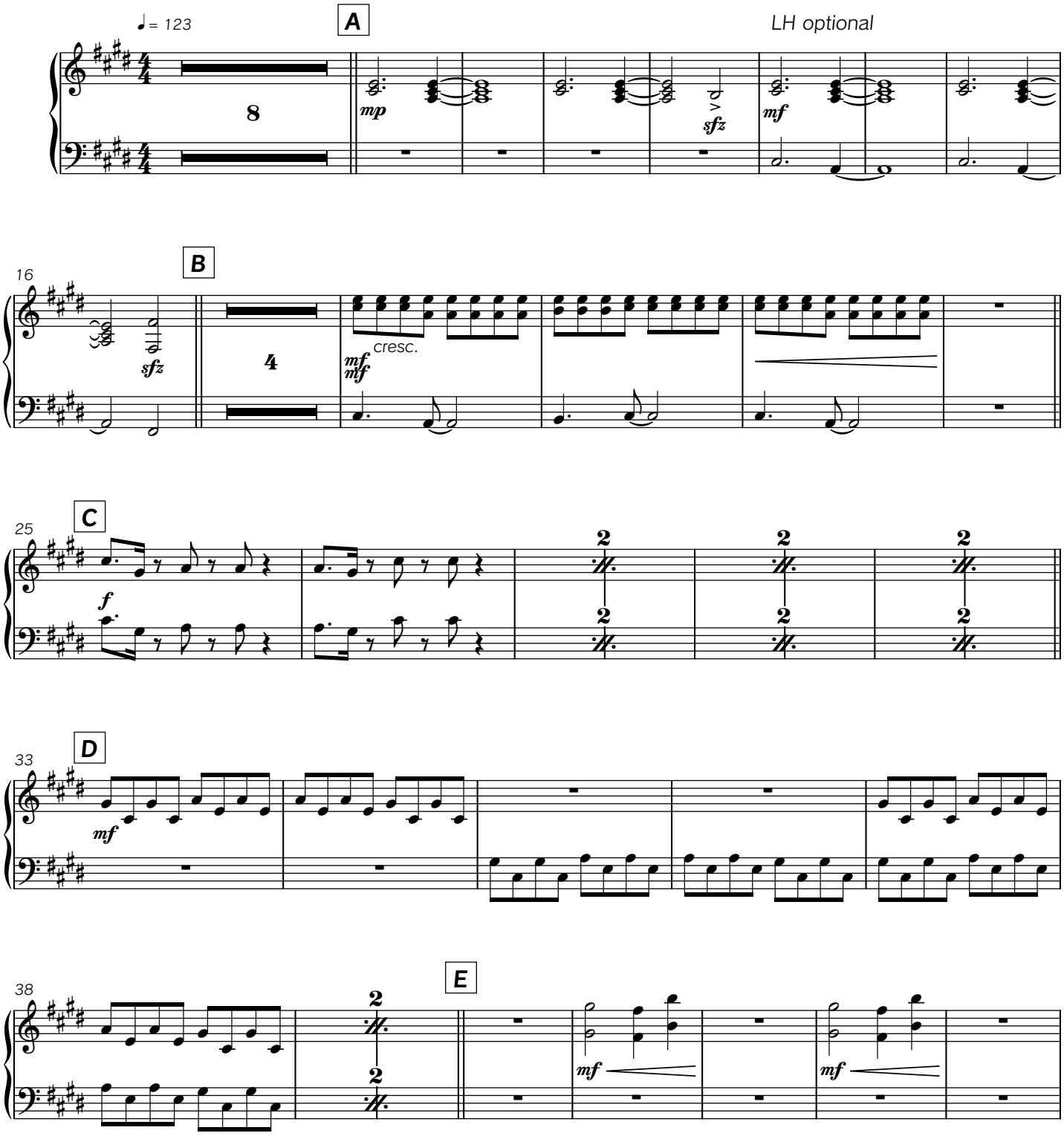

75
glock
ff
I
f
80

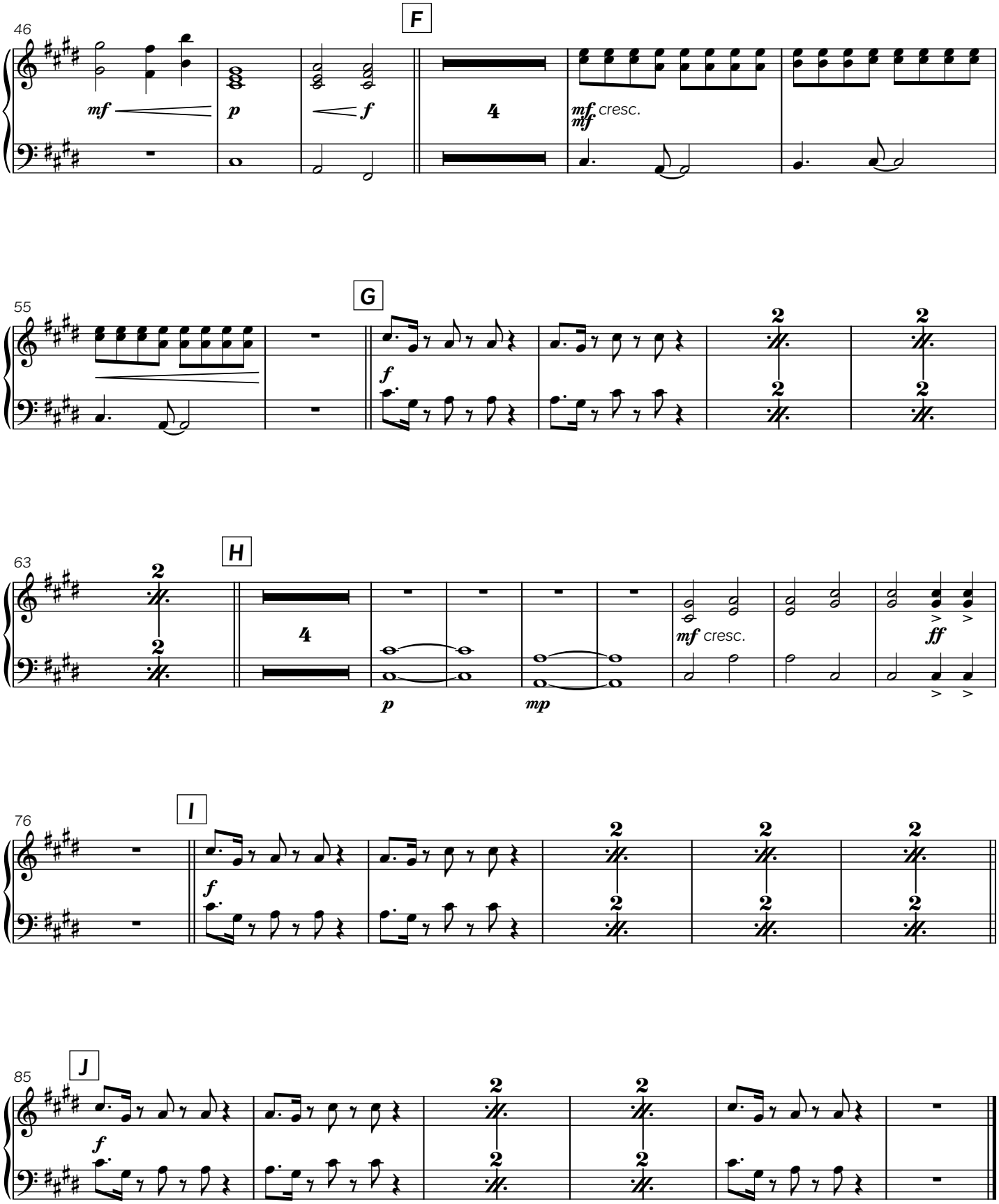
85
J
f
89

SYNTH

CC FOUR STICKS 26

??? arr. TIM BERG

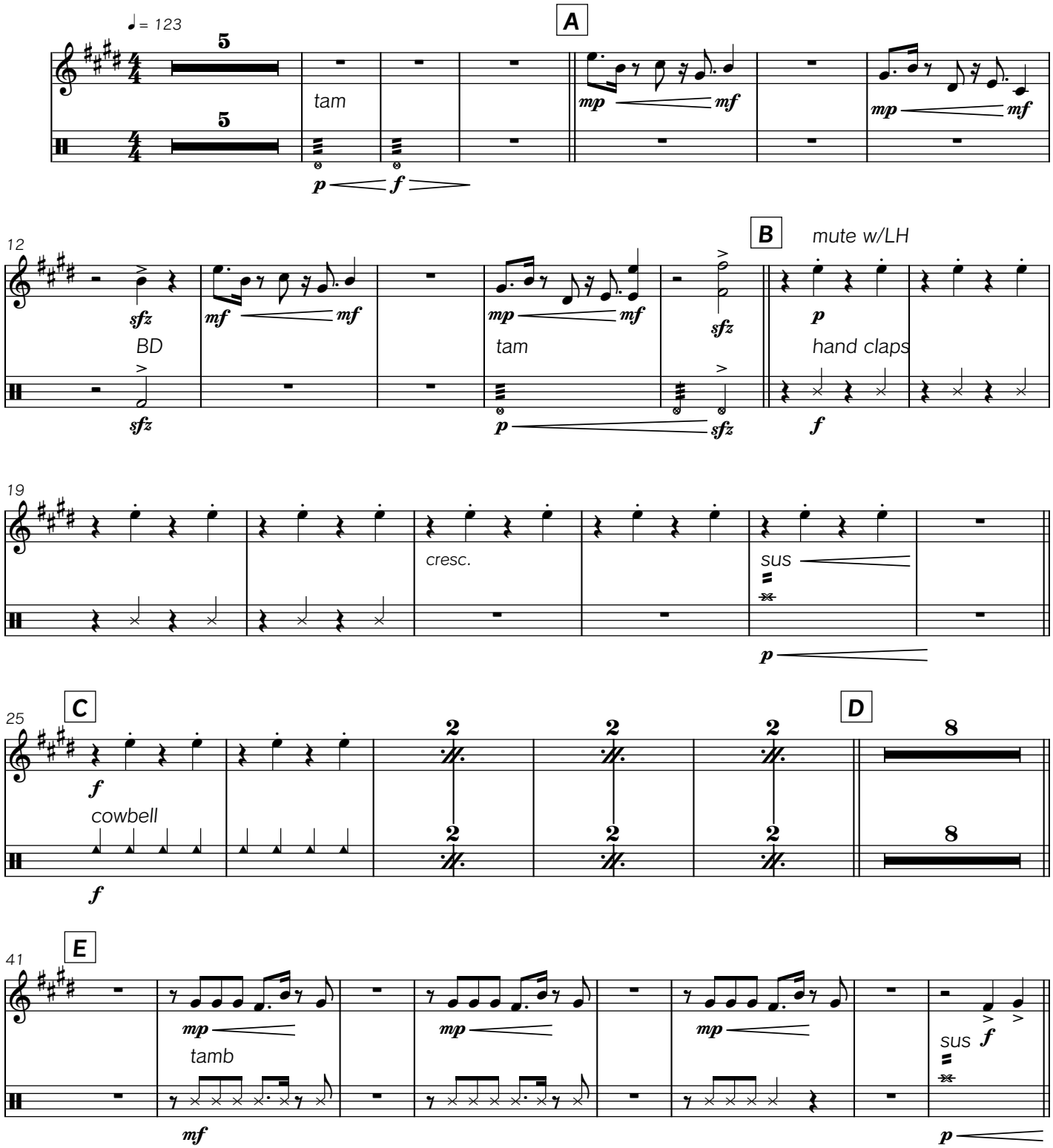


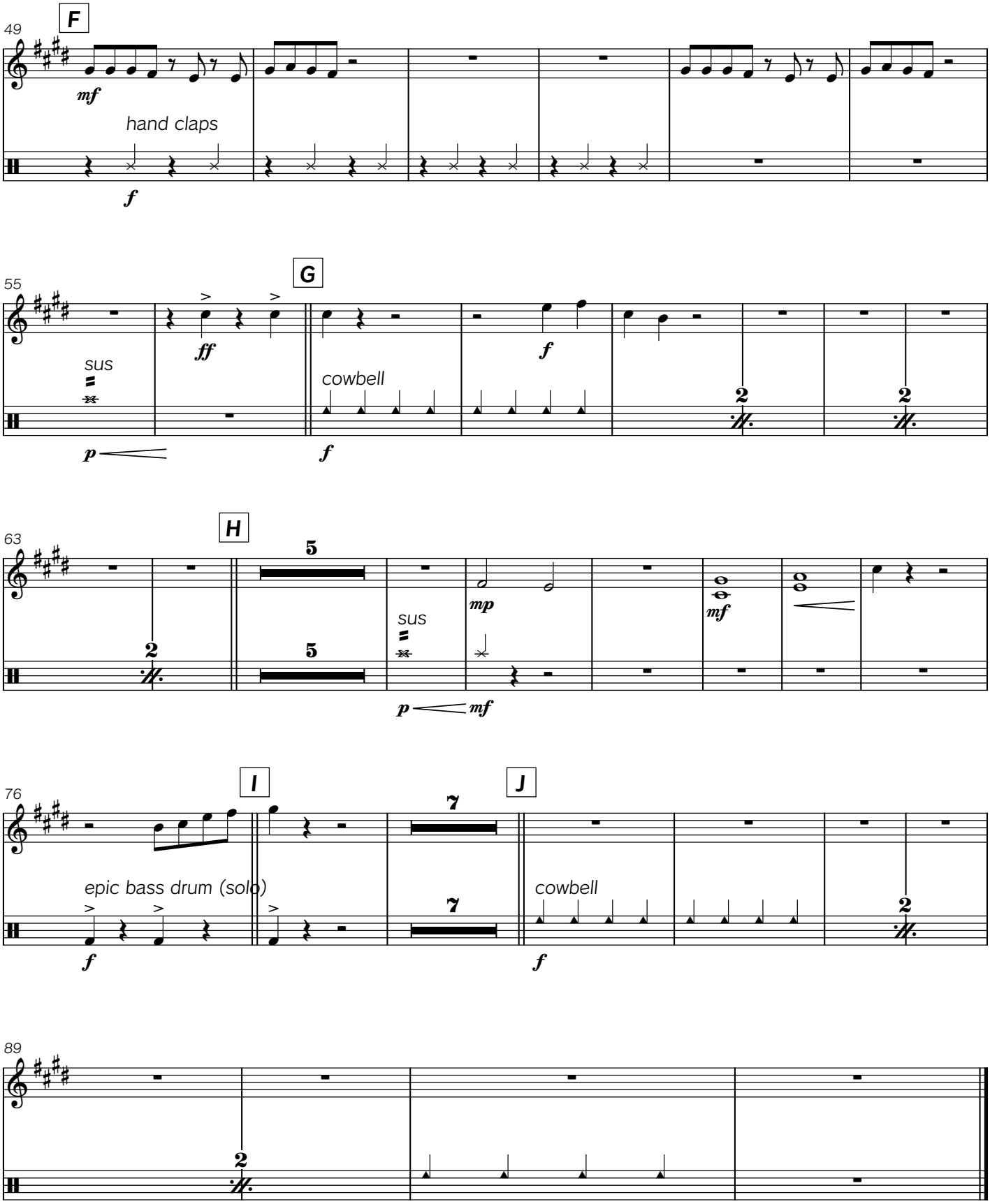

46
F
mf
p
f
4
mf
mf cresc.
55
G
f
2
63
H
4
p
mp
mf cresc.
ff
76
I
f
2
85
J
f
2

CROTALES/RACK

CC FOUR STICKS 26

??? arr. TIM BERG




49
F
mf
hand claps
f
55
G
ff
sus
p
cowbell
f
63
H
5
mp
sus
mf
p
mf
76
I
J
7
epic bass drum (solo)
f
cowbell
f
89