

COLTS DRUM & BUGLE CORPS MEDICAL HISTORY FORM

Members must submit a copy of insurance card, physical, and immunization record along with this form.

Student Name _____ Sex _____ Section _____
 Student Cell Phone _____ Birthdate _____
 Address _____ City, State, Zip _____

Please answer **all** questions by circling "YES" or "NO". Explain "YES" answers in the area below.

1. Have you had any medical problem or injury since your last physical?..... YES NO
2. Have you ever been hospitalized?..... YES NO
3. Have you ever had surgery?..... YES NO
4. Are you taking any medications, pills, vitamins, minerals, supplements, herbal treatments, or energy/enhancing drinks/powders/pills/shots/foods?..... YES NO
5. Have you ever passed out during exercise?..... YES NO
6. Have you ever had shortness of breath after exercise?..... YES NO
7. Have you ever had chest pain during or after exercise?..... YES NO
8. Have you ever been dizzy during a workout?..... YES NO
9. Do you have high or low blood pressure?..... YES NO
10. Do you have any skin problems (itching, rashes, acne)?..... YES NO
11. Have you ever had a head injury, been knocked out or unconscious?..... YES NO
12. Have you ever had a seizure?..... YES NO
13. Have you ever had a stinger, burner, or pinched nerve?..... YES NO
14. Have you ever had heat or muscle cramps?..... YES NO
15. Have you ever been dizzy or passed out because of the heat?..... YES NO
16. Have you ever had trouble breathing or do you cough during or after activity?..... YES NO
17. Have you ever had problems with your vision or eyes?..... YES NO
18. Do you wear glasses, contacts, or protective eyewear?..... YES NO
19. Have you ever sprained, strained, dislocated, fractures, broken, or had repeated swelling or other injuries of any body parts?..... (Please Circle).....
 Head Shoulder Thigh Neck Elbow Knee Chest Forearm Back
 Shin/Calf Wrist Ankle Hip Hand Finger(s) Abdominal Other
20. Have you ever had any other medical problems (mononucleosis, diabetes, etc.)?..... YES NO
21. Are you currently under the care of a physician?..... YES NO
 IF YES Explain here: _____

22. Do you use prescription medication?... (If yes, Please list prescription medications)... YES NO
 Medication(s): _____

23. When was your last menstrual period?..... _____

24. What was the longest time between periods in the past year?..... _____

25. Medicine allergies and use: Place an "X" in the proper column to indicate which medications you use or are allergic to:

Use	Allergy	Use	Allergy
_____	Aspirin _____	_____	Demerol _____
_____	Penicillin _____	_____	Antibiotics _____
_____	Sulfa _____	_____	Sedatives _____
_____	Codeine _____	_____	Other _____

Please list other medications you USE here – please be specific: _____

Please list other medications you are ALLERGIC TO here – please be specific: _____

PLEASE EXPLAIN ANY "YES" ANSWERS BELOW (feel free to attach a sheet as necessary):

MEAL PLAN/FOOD ALLERGIES – We offer two meal options (Standard and Vegetarian), and are sensitive to individual allergies. We do not offer a vegan meal option as we cannot sustain the nutritional demands of tour with this dietary choice.

Please check here if you desire a vegetarian meal plan on tour: _____

Please list any food allergies here: _____

